

Ch. 7 and 8 Study Guide

- Alcohol is a drug classified as a depressant, it slows the central nervous system and can make you sleepy
- Don't drink and drive, and don't get in the car with someone that has been
- 21 is the legal age to buy or consume alcohol
- Teenagers are more likely to abuse alcohol than any other age group
- Inhibitions are the forces that hold back impulsive behavior
- Alcohol affects a person's judgement and decision making first the moment it enters the brain
- Alcohol poisoning can be deadly
- A single drink reduces driving ability
- Euphoria gives a person a false sense of well-being
- BAC is blood-alcohol content, it is reduced through oxidation at a rate of $\frac{3}{4}$ of a drink per hour
- BAC of 0.08% is the legal limit
- Alcoholism is an addiction to alcohol
- Peer influence is an external force that can result in difficulty saying no
- Prescription drugs and Over-the-counter drugs in combination with alcohol can be very dangerous
- Implied consent = you consent or agree to be tested for alcohol
- Zero tolerance law= if under 21, zero alcohol can be in the blood
- Field sobriety test is the roadside checks used by law enforcement
- Cognitive distraction = mind being elsewhere
- Auditory distraction = sounds that are irrelevant to driving
- Visual distraction = something you see that distracts you
- Biomechanical distraction = something you do physically other than driving
- Avoid/remove any of these distractions before driving when possible
- Rubbernecking = looking at a crash scene while passing